

Lindsays scottishathletics North District Cross Country Championships - Results

Saturday 3rd December

Dorres

Position	Race No.	Name	Club	Time
1	25	Katie Slimon	Highland Hill Runners	12:18
2	3	Alyth Gollan	East Sutherland AC	12:25
3	9	Ellyn Smith	Moray RR	12:30
4	22	Isobel Howard	Forres Harriers	13:03
5	16	Kirsty Arnauld	Inverness Harriers	13:09
6	15	Ava Walsh	Inverness Harriers	13:11
7	1	Eva Morrison	East Sutherland AC	13:23
8	7	Joni Smith	North Uist AAC	13:44
9	23	Harriet Neall	Forres Harriers	14:00
10	10	Megan Mckay	Moray RR	14:03
11	12	Tamsin Fowlie	Moray RR	14:07
12	5	Sophie Bath	East Sutherland AC	14:09
13	27	Chloe MacLeod	Ross County	14:10
14	17	Ruth Wilson	Inverness Harriers	14:19
15	11	Grace Jenkins	Moray RR	14:29
16	4	Rachel Ross	East Sutherland AC	14:32
17	21	Roslyn McRitchie	Forres Harriers	14:41
18	26	Lilly-Belle Fillos-Kelt	Ross County	14:50
19	19	Beth Hewick	Inverness Harriers	14:51
20	13	Harriet Whelan	Moray RR	14:53
22	2	Olivia Bannerman	East Sutherland AC	14:58
23	6	Lucy Morrison	North Uist AAC	15:04
24	29	Isla Edward	Elgin AAC	15:05
25	14	Hannah Stephen	Moray RR	15:21
26	28	Hannah MacDonald	Ross County	15:58
27	8	Lauren Shepherd	North Uist AAC	15:59

U13 Girls

Individual	Athlete	Club
1st	Katie Slimon	Highland Hill Runners
2nd	Alyth Gollan	East Sutherland AC
3rd	Ellyn Smith	Moray RR

Teams:	Club	Points
1st (3)	East Sutherland AC	21
2nd (3)	Moray Road Runners	24
3rd (3)	Inverness Harriers AAC	25



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Position	Race No.	Name	Club	Time
1	364	Lucas Cairns	Inverness Harriers	10:50
2	359	Cameron Welsh	East Sutherland AC	10:57
3	366	Euan Rollo	Inverness Harriers	11:06
4	365	Angus Rutter	Inverness Harriers	11:12
5	355	Ruaridh Ellen	Ross County AC	11:17
6	348	David Spencer	Forres Harriers	11:26
7	351	Scott Perry	Forres Harriers	11:29
8	363	Duncan MacDonald	Inverness Harriers	11:36
9	349	Bruce Evans	Forres Harriers	11:44
10	353	Bruce Newlands	Moray RR	11:47
11	367	Ben Sharpe	Inverness Harriers	11:52
12	362	Sam Bryan	East Sutherland AC	11:58
13	345	Reece Black	Shetland AAC	12:00
14	368	Eric Ronbinson	Inverness Harriers	12:01
15	370	Nixon Grant	Inverness Harriers	12:02
16	343	Kevin Beaton	North Uist AAC	12:09
17	360	Tom Simco	East Sutherland AC	12:17
18	347	Seb Connelly	Stornoway RAC	12:28
19	371	Raynor Finlay	Inverness Harriers	12:30
20	340	Stephen MacIsaac	North Uist AAC	12:49
21	369	Nixon Gregor	Inverness Harriers	12:56
22	342	Calum MacDonald	North Uist AAC	13:16
23	356	Daniel Porter	Ross County AC	13:34
24	344	Calum Mackay	Shetland AAC	13:41
25	341	Shaun Shepherd	North Uist AAC	13:52
26	358	Brogan Quigley	Ross County AC	13:56
27	352	Liam Paterson	Moray RR	17:04

U13 Boys

Individual	Athlete	Club
1st	Lucas Cairns	Inverness Harriers
2nd	Cameron Welsh	East Sutherland AC
3rd	Euan Rollo	Inverness Harriers

Teams:	Club	Points
1st (3)	Inverness Harriers	8
2nd (3)	Forres Harriers	22
3rd (3)	East Sutherland AC	31



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Position	Race No.	Name	Club	Time
1	46	Emily Andrew	Inverness Harriers	17:54
2	44	Megan Keith	Inverness Harriers	18:40
3	48	Rebecca Johnstone	Inverness Harriers	18:42
4	41	Catriona Garvie	Inverness Harriers	19:08
5	33	Sarah-Marie Riise	Shetland AAC	19:16
6	35	Niamh Whelan	Moray RR	19:59
7	31	Catriona Scott	East Sutherland AC	20:02
8	32	Aimee Smith	Shetland AAC	20:02
9	37	Lucy Evans	Forres Harriers	20:43
10	40	Emma Seed	Inverness Harriers	20:48
11	47	Cara Doig	Inverness Harriers	21:23
12	50	Alisa Hewick	Inverness Harriers	21:29
13	51	Ruby Soldan	Inverness Harriers	21:40
14	38	Luci Murdoch	Forres Harriers	21:40
15	36	Shauna Perry	Forres Harriers	22:08
16	49	Tara Larsen	Inverness Harriers	22:54
17	34	Eve Wiseman	Shetland AAC	23:59
18	39	Jennifer Spencer	Forres Harriers	28:49
19	30	Viktoria Kuzma	North Uist AAC	30:50

U15 Girls

Individual	Athlete	Club
1st	Emily Andrew	Inverness Harriers
2nd	Megan Keith	Inverness Harriers
3rd	Rebecca Johnstone	Inverness Harriers

Teams:	Club	Points
1st (3)	Inverness Harriers	6
2nd (3)	Shetland AAC	30
3rd (3)	Forres Harriers	38

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Position	Race No.	Name	Club	Time
1	409	Sunny McGrath	Deveron Harriers	15:48
2	395	Luke Davidson	Inverness Harriers	15:58
3	384	David Morrison	Stornway RAC	16:16
4	401	Danny McPake	Ross County AC	16:28
5	390	Blair Milne	Moray RR	16:39
6	396	Finn Rutter	Inverness Harriers	16:44
7	379	James Slimon	Highland Hill Runners	16:49
8	393	Joshua Milne	Moray RR	16:57
9	388	David Scott	Forres Harriers	17:21
10	405	Callum Wilson	Ross County AC	17:26
11	406	Sean Fillos -Kelt	Ross County AC	17:28
12	385	Aodhan Finnegan	Stornway RAC	17:45
13	383	Ailig MacDonald	North Uist AAC	17:52
14	394	Struan Oliver-Jones	East Sutherland AC	17:58
15	391	Oliver Reynolds	Moray RR	18:06
16	403	Lewis Urquhart	Ross County AC	18:08
17	404	Kyle Sutherland	Ross County AC	18:17
18	382	Dylan Black	Shetland AAC	18:39
19	398	Angus Smith	Inverness Harriers	19:01
20	408	Daniel Campbell	Elgin AAC	19:07
21	386	Daniel Stewart	Stornway RAC	19:11
22	399	Dylan MacPherson	Inverness Harriers	19:15
23	389	Oliver Watson	Forres Harriers	19:45
24	381	Jay Milne	Shetland AAC	20:40
25	397	Gordon Manson	Inverness Harriers	21:39
26	407	Reece Edwards	Elgin AAC	22:19

U15 Boys

Individual	Athlete	Club
1st	Sunny McGrath	Deveron Harriers
2nd	Luke Davidson	Inverness Harriers
3rd	David Morrison	Stornway RAC

Teams:	Club	Points
1st (3)	Ross County AC	25
2nd (3)	Inverness Harriers	27
3rd (3)	Moray RR	28

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Position	Race No.	Name	Club	Time
1	67	Grace Whelan	Moray Road Runners	22:10
2	60	Constance Nankivell	East Sutherland AC	22:59
3	64	Joanna Gillies	Stornoway RAC	25:08
4	69	Connie Campbell	Inverness Harriers	27:01
5	68	Sophie Young	Inverness Harriers	29:08
6	65	Sophie Graham	Stornoway RAC	31:00
7	62	Jenny Mitchell	Forres Harriers	31:18
8	63	Lorna Wagstaff	Shetland AAC	32:36

U17 Women

Individual	Athlete	Club
1st	Grace Whelan	Moray Road Runners
2nd	Constance Nankivell	East Sutherland AC
3rd	Joanna Gillies	Stornoway RAC

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Position	Race No.	Name	Club	Time
1	330	Joe Arnaud	Inverness Harriers	22:11
2	324	Cameron Allan	Moray Road Runners	22:28
3	319	Fraser Roach	East Sutherland AC	22:39
4	317	Seumas Mackay	Shetland AAC	23:04
5	336	Kyle Munro	Stornoway RAC	23:04
6	321	Keir Beaton	East Sutherland AC	23:10
7	320	Eoghann Gollan	East Sutherland AC	23:25
8	328	Ben Johnstone	Inverness Harriers	23:35
9	331	Luke Williams	Inverness Harriers	23:52
10	339	Finlay Emmott	Stornoway RAC	24:05
11	338	Alistair Binns	Stornoway RAC	24:20
12	326	Aidan Ferry	Inverness Harriers	25:01
13	325	Morgan Lewis	Moray Road Runners	25:06
14	332	Lewis Esslemont	Inverness Harriers	25:17
15	334	Hamish Hickey	Ross County AC	25:30
16	316	Conall Evans	Forres Harriers	25:46
17	329	Mackenzie Brown	Inverness Harriers	27:03
18	318	Finn Rivett	Shetland AAC	27:18
19	322	Duncan MacLeod	East Sutherland AC	27:23
20	335	Michael MacDonald	Ross County AC	30:41

U17 Men

Individual	Athlete	Club
1st	Joe Arnaud	Inverness Harriers
2nd	Cameron Allan	Moray Road Runners
3rd	Fraser Roach	East Sutherland AC

Teams:	Club	Points
1st (3)	EastSutherland AC	16
2nd (3)	Inverness Harriers AAC	18
3rd (3)	Stornoway RAC	26

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Dores

U20 Women

Position	Race No.	Name	Club	Time
1	70	Anna MacFadyen	Forres Harriers	21:25
2	71	Rhiannon Kirk	North Highland Harriers	24.43

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Position	Race No.	Name	Club	Time
1	412	Ross Gollan	East Sutherland AC	30:05
2	417	Finlay Todd	Ross County AC	32:00
3	413	Cameron Young	Inverness Harriers	32:11
4	414	James Geddes	Inverness Harriers	33:21
5	411	Ruairudh Gollan	East Sutherland AC	33:48
6	416	Shane Odie	Shetland AAC	33:52
7	418	Adam Maclellan	Ross County AC	36:48
8	410	Ruairdh Oliver-Jones	East Sutherland AC	39:12

U20 Men

Individual	Athlete	Club
1st	Ross Gollan	East Sutherland AC
2nd	Finlay Todd	Ross County AC
3rd	Cameron Young	Inverness Harriers

Teams:	Club	Points
1st (3)	East Sutherland AC	14

Position	Race No.	Name	Category	Club	Time
1	105	Moir Davie	S	Forres Harriers	24:30
2	154	Helen Gertig	S	Inverness Harriers	25:10
3	131	Louise Cartmell	S	Moray RR	25:31
4	108	Kirstie Rogan	S	Forres Harriers	25:44
5	148	Caroline Marwick	S	Inverness Harriers	26:38
6	102	Marie Baxter	M	Garioch Road Runners	26:47
7	145	Julie Wilson	M	Inverness Harriers	27:18
8	110	Siobhan Evans	M	Forres Harriers	27:30
9	111	Hilary Cameron	M	Forres Harriers	27:32
10	138	Susan Rae	S	Moray RR	27:38
11	132	Michelle Donaldson-Slater	S	Moray RR	27:44
12	101	Charlotte Black	M	Shetland AAC	27:46:00
13	103	Susan McRitchie	M	Forres Harriers	27:55
14	104	Fran Britain	M	Forres Harriers	28:04
15	128	Sheryl Innes	S	Highland Hill Runners	29:29
16	137	Elsbeth Jenkins	M	Moray RR	29:34
17	125	Anna MacArthus	S	Highland Hill Runners	29:35
18	142	Roma Shepherd	M	Inverness Harriers	29:51
19	120	Mariane Wilson	S	North Highland Harriers	29:55
20	152	Ann Smart	M50	Inverness Harriers	30:14
21	155	Carol Massie	M50	Fraserburgh Running Club	30:42
22	117	Elizabeth Watson	M50	Forres Harriers	30:49
23	141	Claire Ross	S	Moray RR	30:56
24	146	Sharon Beck	M	Inverness Harriers	30:59
25	158	Morag Thompson	M	Fraserburgh Running Club	31:05

Senior Women

Individual	Athlete	Club
1st Senior	Moir Davie	Forres Harriers
2nd Senior	Helen Gertig	Inverness Harriers
3rd Senior	Louise Cartmell	Moray RR
1st Master	Marie Baxter	Garioch Road Runners
2nd Master	Julie Wilson	Inverness Harriers
3rd Master	Siobhan Evans	Forres Harriers
1st Master (50)	Ann Smart	Inverness Harriers

Teams:	Club	Points
1st Senior (4)	Forres Harriers	22
2nd Senior (4)	Inverness Harriers	31
3rd Senior (4)	Moray Road Runners	50
1st Master (3)	Forres Harriers	29

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Position	Race No.	Name	Category	Club	Time
26	130	Karen Norvell	M	Moray RR	31:10
27	122	Maureen Mackie	M50	Nairn Road Runners	31:13
28	106	June MacIntosh	M50	Forres Harriers	31:24
29	118	Paula Boon	M	Forres Harriers	31:42
30	159	Nicola Moir	M	Fraserburgh Running Club	31:55
31	136	Linda Smith	M50	Moray RR	32:14
32	157	Ella-May Duncan	M	Fraserburgh Running Club	32:29
33	107	Ros Wright	M50	Forres Harriers	32:36
34	135	Maria McCloud Bennet	M	Moray RR	32:42
35	139	Amanda Strang	M	Moray RR	33:06
36	113	Clare Nicholas	M	Forres Harriers	33:19
37	127	Alison Roy	M	Highland Hill Runners	33:49
38	134	Eileen Riddoch	M	Moray RR	35:14
39	149	Joanna Cairns	S	Inverness Harriers	35:18
40	143	Fiona Mackay	M50	Inverness Harriers	35:29
41	109	Nadine Williams	M50	Forres Harriers	35:30
42	147	Carrie Farnell	S	Inverness Harriers	35:36
43	133	Kirsty Weir	S	Moray RR	36:11
44	129	Cathy Slimon	M	Highland Hill Runners	36:20
45	140	Chantall Fowlie	S	Moray RR	36:30
46	115	Anne Docherty	M50	Forres Harriers	36:34
47	121	Mel Hayes	S	North Highland Harriers	38:03
48	114	Frances Russell	M50	Forres Harriers	38:38
49	151	Lorna Fife	M	Inverness Harriers	38:47
50	116	Shona Spencer	M50	Forres Harriers	42:00

Position	Race No.	Name	Category	Club	Time
1	288	John Newsom	S	Inverness Harriers	35:33
2	244	Kenny Wilson	S	Moray RR	36:24
3	290	Gordon Lennox	S	Inverness Harriers	36:53
4	234	Florent Schaal	S	Stornoway RAC	37:26
5	285	Graham Bee	S	Inverness Harriers	37:33
6	280	Finlay MacLennan	S	Inverness Harriers	38:33
7	236	Murdo Mackenzie	S	Stornoway RAC	38:46
8	216	Sam Hesling	S	Highland Hill Runners	38:57
9	231	David Wilby	S	Highland Hill Runners	39:14
10	232	Norman Ferguson	S	Stornoway RAC	39:28
11	264	Paul Rogan	M	Forres Harriers	39:39
12	239	Ross Bannerman	M	East Sutherland AC	39:48
13	245	Gareth Jenkins	M	Moray RR	39:57
14	257	Wayne Dashper	M	Forres Harriers	40:03
15	286	Paul Miller	M	Inverness Harriers	40:07
16	263	Kevin Schenk	S	Forres Harriers	40:11
17	220	William Nicolson	M	Highland Hill Runners	40:23
18	240	Blair Mackay	S	East Sutherland AC	40:28
19	262	Andrew Morgan	S	Forres Harriers	40:32
20	270	Robbie Paterson	S	Forres Harriers	40:37
21	299	Alec Keith (Ind)	M50	Hunters Bog Trotters	40:52
22	282	Andrew MacRae	M	Inverness Harriers	41:10
23	298	Dean Kane	S	Inverness Harriers	41:29
24	225	Gavin Whiteside	M	Highland Hill Runners	41:56
25	287	Jonny MacLoed	M	Inverness Harriers	41:58

Senior Men

Individual	Athlete	Club
1st Senior	John Newsom	Inverness Harriers
2nd Senior	Kenny Wilson	Moray RR
3rd Senior	Gordon Lennox	Inverness Harriers
1st Master	Paul Rogan	Forres Harriers
2nd Master	Ross Bannerman	East Sutherland AC
3rd Master	Gareth Jenkins	Moray RR
1st Master (50)	Alec Keith	Inverness Harriers

Teams:	Club	Points
1st Senior (6)	Inverness Harriers	52
2nd Senior (6)	Forres Harriers	109
3rd Senior (6)	Moray RR	121
1st Master (3)	Inverness Harriers	62

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Dores

Position	Race No.	Name	Category	Club	Time
26	246	Colin Green	M	Moray RR	42:11
27	248	Alasdair Campbell	M	Moray RR	42:15
28	289	Steve Worsley	M50	Inverness Harriers	42:37
29	305	Calum Crighton	M	Fraserburgh Running Club	42:44
30	268	Robert Paterson	S	Forres Harriers	42:53
31	217	Waldek Krogulec	S	Highland Hill Runners	43:03
32	206	Kenny MacGruer	S	North Highland Harriers	43:11
33	233	Jonny Pritchard	M	Stornoway RAC	43:18
34	210	Eoin Coull	M	Ross County AC	43:18
35	218	Dougie MacDonald	M	Highland Hill Runners	43:44
36	277	John Urquhart	M50	Keith & District AAC	43:46
37	229	Ian Meek	M50	Highland Hill Runners	44:06
38	296	Tim Cooke	M50	Inverness Harriers	44:15
39	205	David Spencer	M50	North Highland Harriers	44:23
40	208	David Orr	M	North Highland Harriers	44:34
41	249	Stephen Carichael	M	Moray RR	44:53
42	278	Frankie Baron	M50	Keith & District AAC	44:58
43	215	Iain MacLennan	M	Highland Hill Runners	45:05
44	292	Graeme Campbell	M	Inverness Harriers	45:26
45	295	Tom McWilliam	M	Inverness Harriers	45:31
46	259	Mark Page	M	Forres Harriers	45:39
47	227	Stuart Forrest	S	Highland Hill Runners	45:57
48	283	Stewart Wilson	M	Inverness Harriers	46:06
49	293	Billy Skinner	M50	Inverness Harriers	46:17

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Dores

Position	Race No.	Name	Category	Club	Time
50	243	Martin Bain	M	Moray RR	46:19
51	304	Grant Massie	S	Fraserburgh Running Club	46:21
52	309	James Bannerman	M	Fraserburgh Running Club	46:22
53	275	Gerald Angus	M50	Keith & District AAC	46:30
54	301	Graeme Clark	M50	Fraserburgh Running Club	46:36
55	256	Douglas Cowie	M50	Forres Harriers	47:14
56	241	David Bryan	M	East Sutherland AC	47:31
57	266	Steve Sharpe	M	Forres Harriers	47:38
58	272	Tim Pott	M50	Forres Harriers	47:40
59	207	Ian Walker	S	North Highland Harriers	47:45
60	222	Alex Sutherland	M50	Highland Hill Runners	48:01
61	306	William McBeath	M	Fraserburgh Running Club	48:16
62	300	Andrew Beaton	M	Inverness Harriers	48:18
63	250	Nigel Williams	M50	Moray RR	48:19
64	221	Steven Popple	M50	Highland Hill Runners	48:35
65	271	Gary MacFadyen	M50	Forres Harriers	48:46
66	265	Lindsay Grant	M50	Forres Harriers	49:04
67	291	Graham Whyte	M50	Inverness Harriers	49:17
68	226	Jim Meehan	M50	Highland Hill Runners	49:25
69	204	Dean Bowman	S	North Highland Harriers	49:26
70	311	Duncan Abernethy	M	Fraserburgh Running Club	49:31
71	297	Graham MacLennan	M	Inverness Harriers	49:59
72	253	Kevin Morrison	S	Moray RR	50:48
73	302	Peter Hall	M50	Fraserburgh Running Club	50:53
74	214	Scott Innes	S	Highland Hill Runners	51:30

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Position	Race No.	Name	Category	Club	Time
75	211	Thomas Mathieson	M50	Ross County AC	51:35
76	238	Gerry Connelly	M	Stornoway RAC	51:46
77	254	Garry Henderson	M50	Moray RR	52:09
78	230	Rafael Salazar	M50	Highland Hill Runners	53:08
79	294	Graham Laing	M50	Inverness Harriers	54:20
80	312	David Abernethy	M	Fraserburgh Running Club	54:22
81	219	William MacRae	M50	Highland Hill Runners	54:32
82	213	Terry Quigley	M50	Ross County AC	54:35
83	212	Dave Dunn	S	Ross County AC	55:32
84	261	Jamie Watson	M50	Forres Harriers	55:37
85	255	Toks Osunrinade	M	Moray RR	56:49
86	313	Martin Perry	M50	Fraserburgh Running Club	57:17
87	267	John Holloway	M50	Forres Harriers	57:31
89	209	Malcolm Christie	M50	Elgin AC	58:19
90	307	Andy Higgins	M50	Fraserburgh Running Club	58:43
91	310	Sandy Duncan	M50	Fraserburgh Running Club	59:24
92	260	Stewart Burn	M50	Forres Harriers	63:53
93	237	Allan Maciver	M	Stornoway RAC	69:42
94	252	Paul Jamieson	M50	Moray RR	77:59